

Monthly Meetings & Activities

- Jan 1 Happy New Year - Office Closed
Jan 7 College Student Sunday
Jan 8 Trustee Meeting @ 6 pm
BOCE @ 7 pm
Deacons @ 8 pm
Jan 9 Men's Fellowship @ 6:30 pm
Jan 10 Annual Reports Due
Jan 14 Breakfast with the Wisemen 9:30 am
Jan 17 Annual Business Meeting @ 6:30 pm
Jan 18 CIRCLE @ 7 pm
Jan 19 Movie Night @ 7:00 pm
Jan 20 Church Safety Meeting 4-7 pm
Jan 21 Sanctity of Life Sunday
New Officer Installation
Jan 22 Vision Committee @ 7:00 pm

Nursery Workers

- Jan 7 Bev Stephenson
Jan 14 Connie Staats
Jan 21 Jessica Morgan
Jan 28 Leigh Ann Kerns

Children's Church

- Jan 7 Eugene Morgan
Jan 14 Deb Lyons
Jan 21 Liz Stewart
Jan 28 Jennifer Wagoner

CommUnity Kitchen

- Jan 7 Burt Lyons
Jan 13 Susan West Crew
Jan 20 Lion's Club
Jan 27 Wagoner Family



Focus on Sunday School:



I would like to encourage all parents to come to Sunday School AND bring your children and/or grandchildren. Make Sunday morning a habit of learning and worship.
Susan

Making a Habit

I read an article, *18 Tricks to Make New Habits Work* by Scott Young. The New Year is upon us and we can all think of habits we would like to start. Scott's habit makers are geared toward things like exercise and studying on a daily basis. But some of the tricks could be used to other good habits we should make, like attending Sunday School and evening church services.

1. *Commit to a length of time.* 1 month of faithful attendance or even 2 months.
2. *Make it daily.* Hmm. Can you pray daily for God to give you the tenacity to stick to your new habit?
3. *Remind yourself.* Set an alarm the evening before. Set an alarm an hour before it's time to leave for Sunday School or church.
4. *STAY CONSISTENT.* *The more consistent your habit the easier it will be to stick to.*
5. *Get a Buddy.* I like this one! Bring a friend. Bring your parents. Bring your kids. Someone to motivate you if you lag behind.
6. *Use 'But'.* If you start thinking negatively about Sunday School or church, add a "but" to the thought and add a positive thought about it.
7. *Associate with a role model.* Maybe someone who attends regularly.
8. *Know the benefits.* A closer walk with God. My grandmother used to say "If you don't go to church on Sunday, you'll have the devil in you all week." You really do feel better attending services.
9. *Be Imperfect.* It may take you a few attempts to get in the habit. Difficulties may come up. But don't give up! Keep starting over.

There were more tricks listed. This is just a few. But the idea is still important:

Make Sunday School and ALL church attendance a habit in the New Year!

Submitted by Susan West